## How to Vent a PEG tube

VENTING: REMOVING GAS FROM THE STOMACH VIA THE GASTROSTOMY TUBE OR LOW PROFILE DEVICE

Sometimes patients may feel full and bloated due to air in the stomach. This may be related to use of certain respiratory therapies which increase air swallowing. It may be difficult for the patient to "burp". Unchecked, the patient may have problems with "unsociable" flatus or gas as it moves through the bowel. They may need help relieving the gas in the stomach. Venting the gastrostomy tube or button does this.

Venting involves the following steps:

- 1. Remove the plunger from the 60cc syringe.
- Attach the syringe to the end of the PEG tube or bolus extension set.
- 3. Hold the syringe at least two inches above the abdomen.
- 4. Open the clamp on the feeding adaptor.
- Hold the syringe in place until the air or stomach contents are expelled.
- After a couple of minutes, air should be expelled, and any remaining stomach contents should be allowed to flow into the stomach via the feeding adaptor.
- Clamp the tube and remove the syringe.

